

JAY KOLASINAC
Physical Diagnosis I ✓
Professor Malavet

Identifying Data:

- Full name - Mr. M
- Address - Patient did not self disclose
- Date of Birth - Patient did not self disclose
- Date & Time - September 09, 2019
- Location = Outside Hospital, Jamaica Queens, NY
- Religion - Patient did not self disclose
- Reliability: reliable
- Source of Referral - Self referral
- Mode of transport - Drove / checked himself in
- Chief Concern: "I have chest pain" x 1.5 days

• History of Present Illness: Mr. M is reliable 56 year old, divorced, white male with a past medical history of hypertension, type II diabetes, hyper cholesterol, and 7.5-pack-year who has not smoked for the past 20 years, who presented earlier today to the Emergency department with a complaint of chest pain for the past 1.5 days. Chest pain is quantified as an 8 out of 10 and is located more towards the right side of chest and torso. Pain does not radiate anywhere. Patient also states he has been coughing for the past 4-5 days where the cough also exacerbates the pain. Cough is worse in the morning and produces a thick, green phlegm. Patient has taken 2 pills of Tylenol to try and alleviate the pain with no success. Patient also ~~experiences constant fatigue, an~~ **HAS ASSOCIATED FATIGUE WITH SYMPTOMS** ~~patient denies any shortness of breath except when~~ **ADMITTS TO SHORTNESS OF BREATH WHEN CLIMBING STAIRS**

How many
mg?

walking up the stairs. Patient denies ^{any} throat pain, nasal congestion, dizziness, or wheezing. Patient also denies any muscle pain/weakness, nausea, vomiting, ~~or~~ heart murmurs, palpitations, or arrhythmias. Patient denies any history of lung disease, asthma, or pneumonia. He denies any trauma. Patient has not received the flu shot. Patient states he has not experienced this in the past nor has he been hospitalized. For Lung Illnesses

Past Medical History:

- ~~Past medical illnesses~~ - Hypertension x 20 years, type II diabetes x 15 years, hyper cholesterol x 5-6 years, **WELL CONTROLLED**
- Childhood illnesses - Denies any major medical illnesses
- Immunizations - Did not receive flu shot this season.
- Screening tests and results - Denies any screening tests

Past Surgical History:

- Nasal polyps - 2018, outpatient surgery, no complications
- Right inguinal hernia - 2006, New York Presbyterian Queens, no complications
- Tonsils removed - during childhood, year unknown, no complications
- Patient denies any eye surgery, gall bladder surgery, or appendix surgery.

Medications:

- Baby Aspirin - 81 mg, oral
- Lisinopril - 5 mg, daily, oral
- Atorvastatin - 20 mg, daily, oral
- Metformin - 500 mg, 2x per day, oral
- Mens health, multivitamin - daily, oral

FREQUENCY?

Allergies:

- Cats - hives (severe)

~~NO KNOWN DRUG OR ENVIRONMENTAL ALLERGIES~~ NO KNOWN DRUG OR ENVIRONMENTAL ALLERGIES

Family History:

- Father - deceased at age 78, history of diabetes, cause of death unknown
- Mother - 83, alive and well
- Sister - 64, history of diabetes/well controlled, history of heart attack, history of hypertension
- Maternal/Paternal grandparents - Unknown

NO CHILDREN

Social History:

- Mr. M is a divorced male who lives alone. He is a retired engineer.
- Habits - He drinks "socially", about 2-3 beers occurring 1x-2x a month.

- Travel - No recent travels.

- Diet - Every morning Mr. M has a cup of coffee. States he is trying to lose weight and with the goal of managing his diabetes. Eggs, oatmeal, wrap, Wendy's, meat/bean salads. Tries to minimize salt intake. Eats^{out} occasionally with friends.

- Exercise - Patient ~~did not self-disclose~~ DOES NOT EXERCISE

- Safety Measures - Admits to wearing a seat belt

- Sexual History - Heterosexual, monogamous, not sexually active

Review of Systems:

- General - Experiences constant fatigue. Denies recent weight loss or gain, loss of appetite, ~~generalized~~ fever or chills, or night sweat

changes in texture, excessive dryness or sweating.

- ✓ Skin, hair, nails - Denies ~~headaches, vertigo, or head trauma.~~ discolorations, pigmentations, moles/rashes, pruritus or changes in hair.
- ✓ Head - Denies headaches, vertigo, or head trauma.

- ✓ Eyes - Denies any visual disturbances, lachrimation, photophobia, pruritus, last eye exam (unknown), ~~no~~ wears glasses.

- ✓ Ears - Denies any pain, discharge, tinnitus, or hearing aids.

- ✓ Nose/sinuses - Denies discharge, obstruction, or epistaxis

- ✓ Mouth/Throat - Denies bleeding gums, sore tongue, sore throat, mouth ulcers, voice changes, or use of dentures. Last dental exam - unknown.

- ✓ Neck - Denies localized swelling/lumps, or stiffness/decreased range of motion.

- ✓ Breast - Denies lumps, nipple discharge, or pain.

- ✓ Pulmonary system - Experiences dyspnea on exertion, as well as cough for past 4-5 days. ^(SEE HPI) Denies wheezing, hemoptysis, cyanosis, orthopnea, or paroxysmal nocturnal dyspnea (PND)

- ✓ Cardiovascular System - Chest pain for 1.5 days. ^(SEE HPI) History of hypertension for 20 years. Denies any palpitations, irregular heartbeat, edema, syncope, ~~or~~ or heart murmur.

- ✓ Gastrointestinal system - Has regular ^{FORMED BROWN} bowel movements daily. Denies change in appetite, intolerance to specific foods, nausea, vomiting, dysphagia, pyrosis, unusual flatulence or eructations, abdominal pain, diarrhea, jaundice, hemorrhoids,

constipation, rectal bleeding, or blood in stool.

✓ Genitourinary system: Denies urinary frequency or urgency, nocturia, oliguria, polyuria, dysuria, incontinence, awakening at night to urinate or flank pain.

✓ Menstrual / Obstetrical: Does not apply. (OK TO OMIT IN MAX)

✓ Nervous - Denies seizures, headaches, loss of consciousness, sensory disturbances, ataxia, loss of strength, change in cognition / mental status / memory, or weakness.

✓ Musculoskeletal System = Denies muscle / joint pain deformity or swelling, redness or arthritis.

✓ Peripheral Vascular System: Denies intermittent claudication, coldness or trophic changes, varicose veins, peripheral edema or ~~skin~~ color changes

✓ Hematological System: Denies anemia, easy bruising or bleeding, lymph node enlargement, blood transfusions, or history of DVT/PE.

✓ Endocrine System: Denies polyuria, polydipsia, polyphagia, heat or cold intolerance, excessive sweating, hirsutism, or goiter.

✓ Psychiatric - Denies depression / sadness, anxiety, OCD or ever seeing a mental health professional.

Physical = ...